

## God's Top 10, pt 3

Exodus 20:8-11

### What is your biggest regret in life?

### God's character revealed (commands 1-3)

Supremacy – *no other gods before me* (v 3)

Spirit-nature & exclusivity (zealous & loyal love)

Reverence/honor & authority

### Rest (Sabbath) – provider, sovereign of time, set apart

Sabbath is from the Hebrew root *to rest, to cease*

### Key Connections

Grounded in creation

Blessed

A gift of concern & provision for our good

39 ways – a burden rather than blessing

Mark 2:27-28)

Set apart

Claimed as special; not ordinary

All time is God's gift; we give back part of what's given to us.

Rest – something stops; refreshed (see Deut. 5:15)

### Sabbath Principles

1. There must be a rhythm to life.
2. All time belongs to God.
3. The priority of maintaining my inner man ("soul")

How is your soul? (see 3 Jn 2)

How about adjusting our perspective to see COVID as a gift of imposed Sabbath?

### Take it Home