

Bouncing Back When You Feel Beat, pt 1

Ever felt beat?

How do we bounce back?

ACCEPTANCE and AFFIRMATION (v 1-3)

Met at point of need; challenged to faith without bashing

Instruction

Showed Himself

Convincing proofs

Affirmation (*chosen*)

2 Key Elements: time and **truth**

PREPARE FOR THE NEXT STEP (v 3b-5)

Review God's **teachings**

Remember God's **promises**

Devote yourself to God's plans & **purposes**

SUBMIT TO GOD'S SOVEREIGNTY (v 6-7)

I don't pretend to know more than I can know.

REFOCUS ON YOUR PURPOSE (v 8)

Is our vision too small?

Focus: **outside** ourselves

The Great Commission according to Luke

Instruction: "*be witnesses*"

Key Observations

Not a program but a **LIFESTYLE**

Not an option but an **OPPORTUNITY**

Not a religion but a **PERSON**

A birthright not a **BONUS**

A privilege not a **BURDEN**

Implementation

Holy Spirit power is essential

Geographic in its scope

Take it Home

Affirmation: Does the situation cause me to think wrongly about who I am in Christ?

Preparation: Am I looking for God to use this in my life to prepare me for what's ahead?

Submission: Am I acknowledging God's authority and aligning myself with it?

Purpose: Am I focused on what God has called me into this world to do? How can I use this situation to witness of Christ?