

## **Potential Discussion Questions**

### **Message: Know God - Refuge (9-16-18)**

1. Do you have a favorite refuge or safe place (either real or mental)? How did you arrive at that particular place? What pressed you to discover it?
2. Talk about the various terms/metaphors that surround the concept of God as our refuge. What different nuances do they add to the big picture of God's safety/security/protection?
3. Look at a couple of the passages from the message where multiple terms are packed together (like Psalms 18 and 91). Why do you think the author chose to do this? What is the impact of piling on the metaphors?
4. Read Psalm 142. We did not discuss this in the message, but it provides a good glimpse of David struggling with his circumstances and struggling to God for refuge. What stands out to you in the Psalm? How do you identify with his journey? What did you gain from the message that helps us in this kind of struggle?
5. Share a time when you clung to God as your refuge. How did you find your way to safety?
6. We looked at the opening paragraph of Psalm 71 in the message. Read the entire Psalm and then go back to reflect again on vs. 1-6. We noted 8 implications of God being our refuge. Which one(s) most resonated with you? Why?

How do these guide or encourage you to live with God as your refuge?

7. If someone came to you struggling with their life situation, how might you direct them to find their way to God as their refuge?
8. Is there a place/situation in your life where you need to freshly affirm God as refuge for you? Share them and spend some time praying for each other about them.
9. Remind daily, Run quickly, Rest. Which of these 3 speaks most strongly to you right now as you seek to live with God as your refuge?
10. What else would you like to discuss about this study that hasn't been addressed?
11. What is your best take-away from this study?