

**Engage Joy, pt 26**  
**The Joy of Contentment**

Philippians 4:10-14

**Are you content?**

Is all discontentment bad?

When you think of contentment or discontentment, what comes to mind?

What drives discontentment?

**Contentment liberates joyful receiving (4:10-11)**

Is Paul being sarcastic?

What's his point?

Contentment liberated him to receive **joyfully** and **gratefully**.

**Contentment transcends circumstance** (4:11-12)

2 Corinthians 12:9-10

Finding contentment in difficulty

Hebrews 13:5-6

Deal with the **LOVES** in my life.

Get clear on my source of **help!**

Contentment is not **automatic**

Contentment is not **once-for-all**

But it's **worth** it!!

Contentment turns us from finding help & satisfaction in the things of this world to finding it in **God**.

**Take it Home**

**Contentment can be learned** (4:11-14)

How did Paul learn contentment?

By going thru **tough stuff** & finding God to be his **strength**.