

RUN TO WIN

Heb. 12:1-3

Pastor Dale James; 8-17-08

Olympic Review

“Slip – N - Slide” Faith vs. Vigorous Training

Necessity: *let us run* (v. 1)

4 REQUIREMENTS FOR EFFECTIVE RUNNING

I. Preparation ☯ Faithful conditioning (v 1b)

A. Strip your flab = remove encumbrances

B. Shake your sin = lay aside the sin

** Running demands reducing!

If it's not a wing to propel you,
it's an anchor to restrain you!

Encumbrances = drag

Sin = detonation

II. Perseverance ☯ Firm commitment (v 1c)

A. Reality: *run with* endurance

B. Mentality: marathon or sprint

C. Danger: exhaustion

III. PERSPECTIVE ☯ Focused _____ (v 1d-2)

A. The Course

...the race set before (marked out for) *us*

☯ Danger of _____

B. The Coach

...fixing our eyes on Jesus (lit. _____, _____)

☯ Danger of _____

IV. PARTNERSHIP ☯ Frequent _____ (v 1a, 3)

A. Examples

...the great cloud of _____

_____ *...for consider Him*

B. Dangers

1. **self** - _____

2. _____

What adjustments do you need to make?